

WESTON REGIONAL PARK CHILDREN/YOUTH PROGRAMS

Karate *Wed 6-7pm (Ages 6-8) and 7-8pm (Ages 9+).* Provide your child with the ability to defend him/herself and react with confidence. David Schopp, 5th degree along with 4 certified Black Belts in Goju Karate, will teach your children the basic principles of self-defense, fighting, weaponry and forms. Monday night advanced classes are available to returning students. **Cost \$125/3 months. \$25 LATE FEE** if tuition is not paid by the 10th of the month. **Continuous.**

Superstars Dance and Baton *Thurs 4:00-5:00pm (beg ages 4-7), 5:00-6:00 (beg. ages 8-12), 6:00-7:00 (intermediate).* One hour classes separated by age and ability. High energy combination classes include dance, cheerleading and baton twirling. Develop grace, poise and self confidence. Members will be invited to perform in Disney World, University of Miami half time show, local events and much more. Wendy Russell is an award winning, professional choreographer. For more information visit www.floridasuperstars.com or call 954-438-2075. **Cost \$45/month. (Plus \$25 registration fee and \$20 baton required.)** Monthly fee includes unlimited classes at locations around Broward County. **Class resumes in August 26th.**

Kindermusik: Join Miss Rachel on **Mondays from 9:30-10:15** (18 months-4 years) for **ABC Music & Me** an interactive way to foster your child's love for music. Families will experience musical movement, singing, instruments, imaginative play, and story time. Required home materials: 2 home CDs, 2 family guides, and 1 instrument. **Mondays from 10:30-11:15** (newborn-18 months) **Kindermusik Village** is an amazing way to learn more about your baby and how they communicate with you through music. Families will experience singing, instrument play, rocking, dancing, baby massage, and together time-all in your baby development. Required at home materials: baby's picture book, instrument, home cd and art banner. **Miss Rachel** has been a licensed Kindmusik Educator since 2003, and has taught Early Childhood Music for more than 10 years. For more information call 954-389-2629 or visit <http://timeforusmusic.blogspot.com>. **Cost is \$126 per 8 weeks session; required material fee \$34.** Call instructor for schedule.

The Play's the Thing! *Fri 3:30-4:30 (ages 7-8).* Students engage in the theatrical process through acting exercises designed to increase concentration, free the imagination and increase confidence. Movement for the stage, character development and improvisation techniques are used to help students develop a script based on a value laden folktale. A class presentation will be held the last day of class. Limit 12 kids/class. **Call instructor for schedule. Cost is \$210. Robin Braun and the Inside Out Theatre Company: 954-385-3060.**

Musical Theatre Production Class *Sun 4:00-7:00 (9-12 years).* This class focuses on training in acting and movement with a rehearsal period that leads to a performance of one of our original musicals. Instruction includes traditional Stanislavski techniques, improvisation, and character development. No experience is necessary; this class leads to a performance in a professional theatre setting and students are expected to be committed and work at the highest level of professionalism. Limit 12 kids/class. Call instructor for schedule. **Cost is \$395.** Call Robin Braun of the Inside Out Theatre Company for more details: 954-385-3060.

Fun In Spanish Friday 9:30-11:00 (ages 2-5) Don't forget your Spanish. The only way to hang on to your roots is to practice. Learn and practice Spanish with Latin kids and others that wish to learn in a playful, musical and artistic environment. For information, please call 954-822-7528 or email FuninSpainsh@Hotmail.com. Cost is **\$40 per month.** Continuous

Chess Club *Mon. 4:30-6:00 or Fri. 6:00-7:30 (ages 5-15 years)* www.alphachessa.com *By joining the chess club, students are given a different avenue to use in order to challenge their minds. This mental persistence gained through chess will enable students to focus on achieving goals through out their lifes.* **Cost is \$130 for 8 sessions.** For more information contact Chess Grand Master Garcia at gilgarchess@gmail.com or (954)867-8498. **Continuous**

Fencing Club - Mondays and Wednesdays: Beginners (6:30-7:30) Intermediate/advanced (7:30-9:00) We invite males and females, ages 10 and up, to join our fencing classes and learn the sport of fencing! We offer beginner and intermediate level foil classes, taught by a former member of the Bulgarian National Fencing Team, Antoaneta Spassova. Our members include nationally ranked members of the committee. **Cost is \$120 per month.** For more information contact Coach Antoaneta Spassova at smotalinkova@aol.com or call her at (954) 249-3295. Continuous

Young Minds Arts *Fri. 4:30-5:30 (4 to 13 years old)* Young Minds Arts prepares children for goals set forth by the National Standard for Art Education. Our exclusive program dispels the myth that art is a talent a child has or doesn't have. We view art not merely as a talent, but as a skill that can, and should, be learned by all children. Price includes all materials. For more information call 954-647-6403. **Cost: \$60 per 6 weeks. Summer Session I: 6/4-7/9 Summer Session II: 7/16-8/20 Fall Session: 9/10-10/15**

Stoller Strides *Mon through Fri 9:15-10:15* Stroller Strides is a one hour total body workout designed specifically for moms with stroller-age children (6 weeks-4 years), offering dynamic classes that combine power walking, running and intervals of body toning using exercise tubing, fitness balls, the environment AND your stroller. This is not just a stroll in the park—it's a workout that gets you striding into your best shape, while spending time with your child and other moms. **Babies are our priority, so don't worry if your little one is fussy or if you have to feed! We are all moms, and that's what makes Stroller Strides so special.** Classes are taught by nationally certified instructors who are moms just like you and structure class so that moms can make baby happy and not miss out on your workout. Whatever your fitness level, Stroller Strides will give you the workout you need. We are more than a fitness class too – as a member, you get to enjoy play groups, Moms Night Out, community service and charity projects, as well as other social activities with you, your baby and your family. Stroller Strides is a great way to make instant friends who have fitness and health in common. Multiple Class packages are available, starting at \$2.75/class with a monthly membership. **For more information call Cynthia 1-888-868-4763 or go to www.strollerstrides.net/weston.** Continuous

Kidokinetics - Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape! We are an all around sports fitness program for children ages 2 years old to 10 years old. Your children will develop important building blocks for life: discipline, confidence, coordination, fine and gross motor skills, and fitness. Activities include: soccer, hockey, tennis, basketball, volleyball, golf, t-ball, polo, lacrosse, frisbee, hula-hoops, obstacle courses, relays, hurdles and more. For more information call 954-385-8511 or go to www.Kidokinetics.com. **Classes meet INDOORS at the Community Center.**

	Tuesdays:	Thursdays:
Ages 2-3	10:00-10:45	
Ages 3-5	4:00-4:45	
Ages 2-3	4:45-5:30	
Ages 5-10		4:15-5:00
Ages 3-5		5:00-5:45

Tuesday Session: 4/27 to 6/8 - \$55
6/15 to 7/27 (no class 6/29) - \$50
8/3 to 9/7 - \$50

Thursday Session: 4/29 to 6/3 - \$50
6/17 to 7/29 (no class 7/1) - \$50
8/5 to 9/2 - \$40

Babykinetics - Kidokinetics Baby is an introduction to physical activity for babies. Our classes increase body awareness and help babies learn, coordination and balance and to control muscles. Babies will have a fun opportunity to interact with soccer balls, footballs, bouncy balls, bean bags, cones, hula hoops, tunnels and much more all with their parents.

Ages 15 months to 24 months (Tuesday 9:15-10:00)

Ages 6 months to 14 months (Tuesday 10:45-11:30)

Spring Session II: 4/27 to 6/8 - \$55

Summer Session I: 6/15 to 7/27 (no class 6/29) - \$50

Summer Session II: 8/3 to 9/7 - \$50

Kidokinetics Jr. - Parent and Child Sports *Sat 9:00-9:45am (Ages 18 months - 4 years)*. We all know that parents love to play sports and workout with their kids. This class is a high energy, active class with your little ones. Introducing them to sports and making fitness fun while setting the pace for them in years to come. Parent and child will help develop your child's coordination, concentration, and motor skills, while having fun in a safe, non competitive environment. Every week focuses on a different sport. Activities include soccer, hockey, basketball, hula hoops, bean bag skills, football, tennis, t-ball, obstacle courses, golf and much more. For more information, please call 954-385-8511 or go to www.Kidokinetics.com. **Class meets INDOORS at the Community Center.**

Ages 18 mos-4 years (Saturdays 9:00-9:45)

Spring Session II: 5/1 to 6/12 - \$55

Summer Session I: 6/19 to 7/31(no class 7/3) - \$50

Summer Session II: 8/7 to 9/11(no class 9/4) - \$40

Teen Performance Workshop *Sunday, 7:15-9:15pm (ages 13-18 years)* This class is for students interested in helping write and produce a performance piece based on relevant issues in their lives. Through the use of improvisation and scene work, students will hone their acting and performance skills as they present the play in a café-style setting at the end of the season. Limit 12 kids/class. For more information call Robin at 954-385-3060. **Call instructor for schedule. Cost is \$375.**