



## HAPPENINGS...

### AT THE WESTON YMCA FAMILY CENTER

#### Group Swim Lessons

The Weston YMCA offers group swim lessons for ages 6 months to adults. The program focuses on 3 key elements that are used throughout the YMCA Swim Lesson skill continuums: personal water safety, swim readiness/stroke development, and character development. The fun games, drills and activities are developmentally appropriate, progressive, and enhance the program elements to transform your swimming experience. For more information visit, [ymcasouthflorida.org/swim-lessons](http://ymcasouthflorida.org/swim-lessons).



#### Tiny Tots Basketball

Join the league with 8 games guaranteed, certified referees and strategic practices with a volunteer coach. The Weston YMCA is a proud partner of our very own Miami Heat! This partnership will yield many wonderful benefits including: A Miami Heat branded game jersey, a Miami Heat game ticket and so much more! In our basketball program kids learn the fundamental skills of basketball, while having fun and practicing teamwork and good sportsmanship.



#### Become a Volunteer Coach

There are year-round opportunities to help develop and mentor youth in sports. Many volunteers are parents who have children on the team. All coaches attend trainings and workshops, are fingerprinted and undergo background checks to become certified as YMCA coaches. Interested in becoming a volunteer? Call the the Weston YMCA for more information 954-424-9622.



**YMCA of South Florida - Weston YMCA Family Center**

20201 Saddle Club Road, Weston, FL 33327

[ymcasouthflorida.org](http://ymcasouthflorida.org)

954-424-9622 | *Located inside Weston Regional Park*